



Headteacher  
Debbie Smith B.Ed, NPQH

# Sandhurst School

the opportunity to succeed

Owlsmoor Road, Owlsmoor, Sandhurst, Berkshire GU47 0SD

Tel: (01344)775678

Website: [www.sandhurst.bracknell-forest.sch.uk](http://www.sandhurst.bracknell-forest.sch.uk)

E-mail: [contactus@sandhurst.bracknell-forest.sch.uk](mailto:contactus@sandhurst.bracknell-forest.sch.uk)

13<sup>th</sup> December 2018

Dear Parent/Carer,

## Re: PE extra-curricular clubs

The PE Department work extremely hard to run as many extra-curricular clubs as possible throughout every school week. There are clubs on at lunchtimes and most days after school. We really hope that our students will take up these fantastic opportunities and be active for this school year.

The majority of the PE clubs are run by the PE Department staff. These clubs are free to attend and students just have to turn up to the PE block with their PE kit. There are some clubs where we have external coaches that come in to take the sessions. For these clubs there is a very small fee to attend. Due to the funding we have managed to obtain for these clubs, we are able to offer these sessions at a very low cost.

The extra-curricular sports on offer in the Spring term include; badminton, netball, hockey, freestyle gymnastics, fitness, trampolining, football and basketball. Below is a copy of the extra-curricular timetable, which is also displayed in the PE block for all students.

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Time	 Y11 Micro Revision	 Fitness Suite Y11  Trampolining Y7  Basketball Y7, 8	 Fitness Suite Y10  Badminton (all years)	 Fitness Suite Y11  Trampolining Y 8, 9, 10, 11  Basketball Y9,10, 11	 Badminton (all years)  Fitness Suite Y10
After School	 Boys football Y7  Netball Y7, 8  Basketball Girls (need letter)	 Boys Football Y8 + Y9  Junior Basketball Boys (need letter)	 Netball Y9,10, 11  Hockey (all years)	 Boys Football Y10 + 11  Freestyle Gymnastics (need letter)  Girls football (all years)	 Fitness Suite Girls Only

Cont./...



Would you prefer to receive your letters by Email? If so, please notify the school and provide us with your Email address

The following details are for the clubs which require a letter to attend. These are the freestyle gymnastics club and the after school basketball club.

### Extra-curricular Basketball programme

Basketball is a hugely popular sport at Sandhurst School and many of our students are taking part on a regular basis. We offer lunchtime clubs, run by the PE staff for free on a Tuesday for year 7 and 8 and on a Thursday for years 9, 10 and 11.

The after school clubs will be run by external coaches and there is a small charge to attend these clubs.

There will be three after school sessions:

1. Monday's – Girls Basketball with Coach D'Mellow
2. Tuesday's – Boys Basketball with Coach D'Mellow

The cost for the Girls Basketball and Boys Junior Basketball will be **£15.00** for ten sessions. This works out at just £1.50 per session. The dates are listed below:

<b>Girls Basketball – Monday's (£15)</b>	<b>Boys Junior Basketball – Tuesday's (£15)</b>
Monday 14 <sup>th</sup> Jan (Extended training due to match) Monday 21 <sup>st</sup> Jan Monday 28 <sup>th</sup> Jan Monday 4 <sup>th</sup> Feb Monday 11 <sup>th</sup> Feb Monday 25 <sup>th</sup> Feb Monday 4 <sup>th</sup> March Monday 11 <sup>th</sup> March Monday 18 <sup>th</sup> March Monday 25 <sup>th</sup> March	Tuesday 15 <sup>th</sup> Jan Tuesday 22 <sup>nd</sup> Jan Tuesday 29 <sup>th</sup> Jan Tuesday 5 <sup>th</sup> Feb Tuesday 12 <sup>th</sup> Feb Tuesday 26 <sup>th</sup> Feb Tuesday 5 <sup>th</sup> March Tuesday 12 <sup>th</sup> March Tuesday 19 <sup>th</sup> March Tuesday 26 <sup>th</sup> March

### Extra-curricular Freestyle Gymnastics

Bracknell gymnastics club are working with the school to provide a fantastic gymnastics session for our students. Two fully qualified coaches lead a fun and adventurous freestyle session, teaching the correct techniques and landings for the skills. The club involves using specialist equipment and taking part in a variety of different vaults, rolls, jumps and somersaults. The core principles of gymnastics are also taught in this class.

The sessions are continuing from last term with the same students. Due to the popularity last term for this club, there is a group for week A and a group for week B. As the group is nearly running at capacity there are only limited spaces available to join this club.

<b>Freestyle Gymnastics -Thursdays (£7.50) to join Week A or Week B group</b>
Thursday 17 <sup>th</sup> Jan (Week A) Thursday 24 <sup>th</sup> Jan (Week B) Thursday 31 <sup>st</sup> Jan (Week A) Thursday 7 <sup>th</sup> Feb (Week B) Thursday 14 <sup>th</sup> Feb (Week A) Thursday 28 <sup>th</sup> Feb (Week B) Thursday 7 <sup>th</sup> March (Week A) Thursday 14 <sup>th</sup> March (Week B) Thursday 21 <sup>st</sup> March (Week A) Thursday 28 <sup>th</sup> Mar (Week B)



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There will be limited spaces for each of these clubs so please return your form and money to the finance office as soon as possible.

Yours sincerely



**Mr T King**  
**Physical Education Subject Leader**

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Payment Form:

- Junior Boys Basketball: Spring (£15.00)
- Girls Basketball Spring (£15.00)
- Freestyle Gymnastics Spring (£7.50)

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**PLEASE RETURN TO THE FINANCE OFFICE - PE extra curriculum Sessions (Spring 2019)**

Student Name: ..... Tutor Group: .....

**FOR OFFICIAL USE ONLY**

I would like my son/daughter to take part in Basketball / Gymnastics sessions and I enclose the correct payment (delete as appropriate)

I enclose: Completed **finance form & reply slip**

Payment Method - Please tick one:

Cheque  Cash  Online (preferred method)  Date paid online: ...../...../2018 / 2019

Signed ..... Parent/Carer



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