



Headteacher  
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# Sandhurst School

the opportunity to succeed

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29<sup>th</sup> November 2018

Dear Parent/Carer

## Re: Year 9 Citizenship Day – Relationship and Sex Education

I am writing to you to inform you about the Year 9 Citizenship Day on **Wednesday 5<sup>th</sup> December**. Students will be off timetable working with their Citizenship teacher and other specialists.

Young people today are bombarded with a vast amount of, sometimes confusing, information about relationships and sexual behaviour on the internet, on TV and in magazines. This can sometimes make the already confusing teenage years seem even more complicated! The purpose of Relationship and Sex Education is to develop understanding and attitudes which will help students to form relationships in a responsible and healthy manner.

In the morning, students will watch a play called 'Losing It' which includes storylines which examine:

- Healthy/unhealthy relationships
- Same sex relationships
- A transgender character
- Sexting
- Internet grooming and child sexual exploitation
- Internet pornography
- Consent
- Contraception and STIs

The second part of the day will involve workshops which will break down some of the issues that the play raises. Students will finish the day with a session from one of our RSE team about contraception.

If you wish to withdraw your child from all or part of the school's sex and relationships education programme, please contact me at the school before **Monday 3<sup>rd</sup> December**.

Yours sincerely,

**Ms C Richardson**  
Subject Leader Citizenship and PSHCE



Would you prefer to receive your letters by Email? If so, please notify the school and provide us with your Email address