



Headteacher  
Debbie Smith B.Ed, NPQH

# Sandhurst School

the opportunity to succeed

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11<sup>th</sup> September 2018

Dear Parent/Carer,

## Re: PE extra-curricular clubs

The PE Department work extremely hard to run as many extra-curricular clubs as possible throughout every school week. There are clubs on at lunchtimes and most days after school. We really hope that our students will take up these fantastic opportunities and be active for this school year.

The majority of the PE clubs are run by the PE Department staff. These clubs are free to attend and students just have to turn up to the PE block with their PE kit. There are some clubs where we have external coaches coming in to take the sessions. For these clubs there is a very small fee to attend. Due to the funding we have managed to obtain for these clubs, we are able to offer these sessions at a very low cost.

The extra-curricular sports on offer in the Autumn term include; rugby, badminton, netball, hockey, freestyle gymnastics, fitness, trampolining, girls football and basketball. Below is a copy of the extra-curricular timetable, which is also displayed in the PE block for all students.

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Time	 Y11 Micro Revision	 Trampolining Y7  Basketball Y7, 8	 Fitness Suite Y10  Badminton (all years)  PE Staff Meeting	 Fitness Suite Y11  Trampolining Y 8, 9, 10, 11  Basketball Y9,10, 11	 Badminton (all years)  Fitness Suite Y10
After School	 Rugby Y7, 8  Netball Y7, 8  Basketball Girls (need letter)	 Rugby Y9, 10  Girls Football Y7, 8, 9  Junior Basketball Boys (need letter)	 Netball Y9,10, 11  Hockey (all years)	 Freestyle Gymnastics (need letter)	 Fitness Suite Girls Only  Senior Basketball Boys (need letter)

Cont./...



Would you prefer to receive your letters by Email? If so, please notify the school and provide us with your Email address

The following two pages display the details for the clubs which require a letter to attend. These are the freestyle gymnastics club and the after school basketball clubs.

### Extra-curricular Basketball programme

Basketball is a hugely popular sport at Sandhurst School and many of our students are taking part on a regular basis. We offer lunchtime clubs, run by the PE staff for free on a Tuesday for year 7 and 8 and on a Thursday for years 9, 10 and 11. The after school clubs will be run by external coaches and there is a small charge to attend these clubs.

There will be three after school sessions:

1. Monday's – Girls Basketball with Coach D'Mellow
2. Tuesday's – Boys Junior Basketball with Coach D'Mellow
3. Friday's – Boys Senior Basketball with Bracknell Cobras

(The Friday coaching session will be best suited to players with a reasonable level of confidence)

The cost for the Girls Basketball and Boys Junior Basketball will be **£15.00** for ten sessions. The cost of the Boys Senior Basketball will be **£30.00** for twenty sessions. There will also be 2 free taster sessions in September for the Senior Boys. The sessions will run from **3.20pm to 4.20pm**. This works out at just **£1.50** per session. The dates are listed below:

Girls Basketball – Monday's (£15)	Boys Junior Basketball – Tuesday's (£15)	Boys Senior Basketball – Friday's (£30)
Monday 1 <sup>st</sup> Oct Monday 8 <sup>th</sup> Oct Monday 15 <sup>th</sup> Oct Monday 29 <sup>th</sup> Oct Monday 5 <sup>th</sup> Nov Monday 12 <sup>th</sup> Nov Monday 19 <sup>th</sup> Nov Monday 26 <sup>th</sup> Nov Monday 3 <sup>rd</sup> Dec Monday 10 <sup>th</sup> Dec	Tuesday 2 <sup>nd</sup> Oct Tuesday 9 <sup>th</sup> Oct Tuesday 16 <sup>th</sup> Oct Tuesday 30 <sup>th</sup> Oct Tuesday 6 <sup>th</sup> Nov Tuesday 13 <sup>th</sup> Nov Tuesday 20 <sup>th</sup> Nov Tuesday 27 <sup>th</sup> Nov Tuesday 4 <sup>th</sup> Dec Tuesday 11 <sup>th</sup> Dec	Friday 21 <sup>st</sup> Sept (Free Taster Session) Friday 28 <sup>th</sup> Sept (Free Taster Session) Friday 5 <sup>th</sup> Oct Friday 12 <sup>th</sup> Oct Friday 19 <sup>th</sup> Oct Friday 2 <sup>nd</sup> Nov Friday 9 <sup>th</sup> Nov Friday 16 <sup>th</sup> Nov Friday 23 <sup>rd</sup> Nov Friday 7 <sup>th</sup> Dec Friday 14 <sup>th</sup> Dec Friday 11 <sup>th</sup> Jan Friday 18 <sup>th</sup> Jan Friday 25 <sup>th</sup> Jan Friday 1 <sup>st</sup> Feb Friday 8 <sup>th</sup> Feb Friday 15 <sup>th</sup> Feb Friday 1 <sup>st</sup> March Friday 8 <sup>th</sup> March Friday 15 <sup>th</sup> March Friday 22 <sup>nd</sup> March Friday 29 <sup>th</sup> March
There will be a new letter released in January for students who want to continue or join the Girls Basketball Programme	There will be a new letter released in January for students who want to continue or join the Junior Boys Basketball Programme	

There will be limited spaces so please return your form and money to the finance office as soon as possible.

### Extra-curricular Freestyle Gymnastics

Bracknell gymnastics club are working with the school to provide a fantastic gymnastics session for our students. Two fully qualified coaches lead a fun and adventurous freestyle session, teaching the correct techniques and landings for the skills. The club involves using specialist equipment and taking part in a variety of different vaults, rolls, jumps and somersaults. The core principles of gymnastics are also taught in this class.

Cont./...



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The class runs for ten sessions at a cost of **£15.00**. The sessions will run from **3:20pm to 4:20pm**. The dates are listed below:

<b>Freestyle Gymnastics -Thursdays (£15)</b>
Thursday 4 <sup>th</sup> Oct
Thursday 11 <sup>th</sup> Oct
Thursday 18 <sup>th</sup> Oct
Thursday 1 <sup>st</sup> Nov
Thursday 8 <sup>th</sup> Nov
Thursday 15 <sup>th</sup> Nov
Thursday 22 <sup>nd</sup> Nov
Thursday 29 <sup>th</sup> Nov
Thursday 6 <sup>th</sup> Dec
Thursday 13 <sup>th</sup> Dec
There will be a new letter released in January for students who want to continue or join the Freestyle Gymnastics Programme

There will be limited spaces so please return your form and money to the finance office as soon as possible.

Yours sincerely



**Mr T King**  
**Physical Education Subject Leader**



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Payment Form:

- Junior Boys Basketball: Autumn (£15.00)
- Girls Basketball Autumn (£15.00)
- Senior Boys Basketball Autumn (£30.00)
- Freestyle Gymnastics Autumn (£15.00)

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**PLEASE RETURN TO THE FINANCE OFFICE - PE extra curriculum Sessions**

Student Name: ..... Tutor Group: .....

**FOR OFFICIAL USE ONLY**

I would like my son/daughter to take part in Basketball / Gymnastics sessions and I enclose the correct payment (delete as appropriate)

I enclose: Completed **finance form & reply slip**

Payment Method - Please tick one:

Cheque       Cash       Online (preferred method)       Date paid online: ...../...../2018

Signed ..... Parent/Carer



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